



ERNEST ORLANDO LAWRENCE  
BERKELEY NATIONAL LABORATORY

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**Environment, Health, & Safety  
Training Program**

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**EHS 61 ~ Ergonomic Evaluators Training**

**Course Syllabus**

**Subject Category:** Ergonomic Safety  
**Course Length:** 3.5 hours  
**Delivery Mode:** Class  
**Schedule:** Quarterly or on demand  
**Location/Time:** B51-201

**Course Prerequisite:** No  
**Medical Approval:** No

**Course Purpose:** To equip Laboratory employees with skills and knowledge to perform ergonomic evaluations of computer workstations.

**Course Objectives:**

- Present concepts, principles, case studies, and field exercises regarding office ergonomics.
- Prepare participants to perform basic ergonomic workstation evaluations in the office environment.
- Provide a practical exercise involving an ergonomic workstation evaluation.
- Support integrated safety management and accident prevention at LBNL.

**Course Instructional Materials:**

- Overhead transparencies
- Video tapes

**Instructor:** Jeffrey Chung

**Training Compliance Requirements:** 8CCR 3203 & 5110

**Course Handouts:**

- Copy of instructor's overhead transparencies
- Evaluator Manual
- Additional ergonomics literature

**Participant Evaluation:** Written evaluations regarding the effectiveness of the trainer, the training and the visual aids.

**Written Exam:** No

**Practical Exam:** No

**Retraining/Recertification:** Recommended

**WEB Resource:** see Ergonomics see Ergonomics LBNL EH&S Training Program web page @ <http://www.lbl.gov/ehs/html/training.htm>.